

Sheet1

	<b>Sliced Mangoes</b>
	Alphonso, Totapuri, Rajapuri.
<b>Source of Origin</b>	Maharashtra, Karnataka
<b>Certificates</b>	
<b>Package</b>	Bulk, 250 gms, 500 gm, 1 kg.
<b>Appearance</b>	Orange
<b>Available Months</b>	Seasonal
<b>Supply Capacity</b>	
<b>Minimum Order</b>	2 Tonnes
<b>Processing Type</b>	IQF
<b>NUTRITIONAL INFORMATION</b>	
<b>Water%</b>	81
<b>Protein%</b>	0.6
<b>Fat%</b>	0.4
<b>Sugar%</b>	16.9
<b>Calcium (Ca)%</b>	14mg
<b>Phosphorus (P)%</b>	16mg
<b>Iron (Fe)(mg/100gm)</b>	1.3mg
<b>Vit A</b>	-
<b>Vit B</b>	-
<b>Vit B1 (ThiA)</b>	-
<b>Vit B2 (Ribf)</b>	-
<b>Vit C(mg/100gm)</b>	16%
<b>Niacin</b>	-
<b>Minerals%</b>	0.4
<b>Fibers%</b>	0.7
<b>Sodium (Na)</b>	
<b>Folic Acid</b>	
<b>Source</b>	Foods That Heal ( The Natural Way To Good Health) by Dr. H.K. Bakhru