

Sheet1

	grapes
	Thomson Seedless
Source of Origin	Maharashtra
Certificates	
Package	5 kg and 10 kg Box
Appearance	Yellowish Green
Available Months	Seasonal
Supply Capacity	
Minimum Order	2 Tonnes
Processing Type	Fresh
NUTRITIONAL INFORMATION	
Water%	92
Protein%	0.7
Fat%	0.1
Sugar%	10.2
Calcium (Ca)%	20 mg
Phosphorus (P)%	20 mg
Iron (Fe)(mg/100gm)	0.2 mg
Vit A	15
Vit B	-
Vit B1 (ThiA)	10
Vit B2 (Ribf)	-
Vit C(mg/100gm)	10
Niacin	0.3
Minerals%	0.2
Fibers%	-
Sodium (Na)	
Folic Acid	
Source	Foods That Heal (The Natural Way To Good Health) by Dr. H.K. Bakhru