

Sheet1

	guava
Source of Origin	Maharashtra
Certificates	
Package	Bulk, 250 gms, 500 gm, 1 kg.
Appearance	White
Available Months	Seasonal
Supply Capacity	
Minimum Order	1 Tonnes
Processing Type	IQF and Fresh
NUTRITIONAL INFORMATION	
Water%	76.10%
Protein%	1.5
Fat%	0.2
Sugar%	14.5
Calcium (Ca)%	0.01
Phosphorus (P)%	0.04
Iron (Fe)(mg/100gm)	1
Vit A	-
Vit B	-
Vit B1 (ThiA)	-
Vit B2 (Ribf)	-
Vit C(mg/100gm)	300
Niacin	-
Minerals%	-
Fibers%	-
Sodium (Na)	
Folic Acid	
Source	Foods That Heal (The Natural Way To Good Health) by Dr. H.K. Bakhru