

Sheet1

	sapota
Source of Origin	Maharashtra
Certificates	
Package	Bulk, 250 gms, 500 gm, 1 kg.
Appearance	Light Brown
Available Months	Seasonal
Supply Capacity	
Minimum Order	1 Tonnes
Processing Type	IQF and Fresh
NUTRITIONAL INFORMATION	
Water%	81
Protein%	0.44 gm
Fat%	1.1 gm
Sugar%	19.9 gm
Calcium (Ca)%	21 mg
Phosphorus (P)%	12 mg
Iron (Fe)(mg/100gm)	0.8 mg
Vit A	60 IU
Vit B	-
Vit B1 (ThiA)	0.252 mg
Vit B2 (Ribf)	-
Vit C(mg/100gm)	14.7 mg
Niacin	0.2 mg
Minerals%	-
Fibers%	5.3 gm
Sodium (Na)	12 mg
Folic Acid	
Source	USDA national nutrient data