

Sheet1

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|--------------------------------|------------------------------|
| | Mix Vegetable |
| Source of Origin | Maharashtra |
| Certificates | |
| Package | Bulk, 250 gms, 500 gm, 1 kg. |
| Appearance | |
| Available Months | 12 Months |
| Supply Capacity | |
| Minimum Order | 2 Tonnes |
| Processing Type | IQF |
| | |
| | |
| NUTRITIONAL INFORMATION | |
| | |
| Water% | 84 |
| Protein% | 5.17 gm |
| Fat% | 0.27 gm |
| Sugar% | 5.71 gm |
| Calcium (Ca)% | 5% |
| Phosphorus (P)% | - |
| Iron (Fe)(mg/100gm) | 8% |
| Vit A | - |
| Vit B | - |
| Vit B1 (ThiA) | - |
| Vit B2 (Ribf) | - |
| Vit C(mg/100gm) | 10% |
| Niacin | - |
| Minerals% | - |
| Fibers% | 32% |
| Sodium (Na) | 433 mg |
| Folic Acid | |
| Source | USDA national nutrient data |